

HTEC-1070: NURSING AND HEALTH PROFESSIONS FIRST YEAR SEMINAR

Cuyahoga Community College

Viewing: HTEC-1070 : Nursing and Health Professions First Year Seminar

Board of Trustees:

MAY 2025

Academic Term:

Fall 2025

Subject Code

HTEC - Health Technology

Course Number:

1070

Title:

Nursing and Health Professions First Year Seminar

Catalog Description:

The seminar engages students with the Tri-C community and introduces resources and skills necessary for student success. Topics will include personal responsibility, student support services, career and academic planning, time management, and study skills. This course will also introduce students to nursing and other healthcare professions. Students will learn what is necessary to be successful in the healthcare environment, including healthcare roles and career development, personal traits of successful healthcare professionals, cultural considerations in the healthcare industry, effective communication skills, personal responsibility, cultural competence, and professionalism.

Credit Hour(s):

1

Lecture Hour(s):

1

Requisites

Prerequisite and Corequisite

None

Outcomes

Course Outcome(s):

Identify a potential career plan based on personal goals and personal qualifying criteria.

Essential Learning Outcome Mapping:

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

Objective(s):

1. Research careers and educational programs of interest.
2. Connect with extended career resource services available through the Counseling Department, Library, Career Center, and Transfer Center to support students in career planning.
3. Identify available tools to assist students in identifying potential careers that match interests and related majors.

Course Outcome(s):

Build an academic plan that is formally created to reflect career goals.

Essential Learning Outcome Mapping:

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

Objective(s):

1. Identify academic and career goals.
2. Identify a major or program to pursue that aligns with career goals.
3. Prepare a meaningful Degree Works academic (or educational) plan with the Counseling Faculty.

Course Outcome(s):

Identify campus services and resources to promote student success and student engagement.

Essential Learning Outcome Mapping:

Information Literacy: Demonstrate contextual awareness of the research process through the reflective discovery of the production and value of information, the use of information in the creation of new knowledge and ethical participation in the use of information in communities of learning.

Objective(s):

1. Describe the various student and academic services offered by the Counseling Department, Student Accessibility Services (SAS), Writing Center, and Learning Commons (Library, Tutoring, Assessment and Testing, and Technology Learning Center).
2. Identify student services provided by the Enrollment Center, Financial Aid, TRIO, and Career Center.
3. Identify the various activities offered through the Office of Student Engagement.
4. Describe the various services offered through the Veteran and Military Connected Services.
5. Utilize the Library website and its resources to select a topic and identify and document appropriate resources to use for researching that topic.
6. Demonstrate ability to utilize and engage with resources on-campus and remotely.

Course Outcome(s):

Describe the qualities of a successful nursing and health professions student.

Essential Learning Outcome Mapping:

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

Objective(s):

1. Recognize various study skills and how to use them effectively.
2. Identify where to locate college policies on student rights, student responsibilities, grading, and grade disputes.
3. Demonstrate basic time management skills.
4. Explain the importance of lifelong learning and professional development.

Course Outcome(s):

Develop life skills connected to academic and personal life success.

Essential Learning Outcome Mapping:

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

Objective(s):

1. Investigate financial literacy to prepare for college and post-college.
2. Develop emotional well-being to promote one's self-harmony and balance.
3. Identify the value of social capital and relationships.
4. Engage in self-reflection and appreciation of cultural differences and identify ways to connect with values, practices, and beliefs that are different than your own.

Course Outcome(s):

Utilize effective communication skills with patients and the healthcare team.

Essential Learning Outcome Mapping:

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

Objective(s):

1. Describe professional communication for a diverse population that is sensitive to race, culture, and age.
2. Demonstrate a proper introduction to the patient/client that includes identification as a student and obtaining informed consent.
3. Perform effective and professional communication with the patient and health care team.
4. Describe professional communication for a diverse population that is sensitive to race, culture, and age.
5. Recognize the impact that differences in cultural, ethnic, socioeconomic, and psychological background can have on patient/client interaction and response to treatment.
6. Articulate how nurses and healthcare professionals treat others with positive regard, dignity, respect, and compassion.

Course Outcome(s):

Discuss the importance of professional behavior in a healthcare setting.

Essential Learning Outcome Mapping:

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

Objective(s):

1. Discuss awareness of the need for professional conduct in all healthcare activities.
2. Describe the Health Insurance Portability and Accountability Act of 1996 (HIPAA)
3. Explain the importance of confidentiality, client privacy, and modesty in a healthcare setting

Course Outcome(s):

Explain the interrelationship between the concepts of professionalism and healthcare quality.

Essential Learning Outcome Mapping:

Not Applicable: No Essential Learning Outcomes mapped. This course does not require application-level assignments that demonstrate mastery in any of the Essential Learning Outcomes.

Objective(s):

1. Describe professional behavior in a nursing and healthcare setting.
2. Discuss the need for professional conduct in all healthcare activities.
3. Demonstrate the ability to work as a member of a healthcare team.

Course Outcome(s):

Recognize culturally responsive practices pertaining to diversity, racial and cultural awareness, and cross-cultural communication and acknowledge how these practices impact one's attitudes in providing patient care.

Essential Learning Outcome Mapping:

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

Objective(s):

1. Express why it is important to work toward cultural competency in nursing and healthcare professions
2. Identify and describe strategies for developing cultural competency in working with clients from diverse backgrounds.
3. Describe the essential components of cultural awareness and cultural competence.
4. Discuss how culture shapes an individual's perceptions, beliefs, and values.

Methods of Evaluation:

1. Degree Works Academic plans
2. Library assignment
3. Student participation
4. Quizzes
5. Classroom activities and assignments
6. Reflective assignments
7. Career inventory

Course Content Outline:

1. Introduction to college education
 - a. Classroom and college expectations
 - b. Terminology
 - c. Course syllabus
 - d. Tri-C Handbook
 - i. College policies
 - ii. Grading policies
 - iii. Grade disputes
 - iv. Student rights and responsibilities
 - e. Educational outlook
2. Making connections
 - a. Student Resources
 - i. Career Center
 - ii. Counseling and Psychological Services
 - iii. Enrollment Center
 - iv. Financial Aid and Scholarships
 - v. Learning Commons and Library
 - vi. Multicultural Center
 - vii. Office of Institutional Equity and Title IX
 - viii. Student Accessibility Services (SAS)
 - ix. Student Engagement
 - x. Transfer Center
 - xi. TRIO
 - xii. Tutoring
 - xiii. Veteran and Military Connected Services
 - xiv. Writing Center
 - b. Social capital
3. Online/remote resources
 - a. My Online Readiness Experience
 - b. Learning Management System - Blackboard
 - c. Webex and MS Teams
 - d. ProctorU
 - e. TutorMe and TutorOcean
 - f. Office 365
 - g. Virtual class, meetings, office hours
 - h. Remind
4. Time management techniques
 - a. Effective use of time
 - b. Goal setting
5. Career building

- a. Career inventory
 - b. Review Tri-C's Nursing and Health Professions programs, and select two discrete programs as potential career options
 - c. Nursing and Health Care Professional Organizations
6. Study skills
- a. Critical thinking
 - b. Test-taking skills
 - c. Note-taking
7. Financial literacy
- a. Budgeting
 - b. Financial aid
 - c. How to plan and pay for education
8. Library resources and basic research skills#(learning commons)
- a. Library books/OhioLINK
 - b. Academic research databases
 - c. Discipline-specific resources - subject guides
9. Holistic life skills
- a. Self-assessment
 - b. Work/life balance
 - c. Positive mindset
10. Cultural Awareness
- a. Dimensions of diversity
 - b. Culture as a system of learned values
 - c. Customs
 - d. Family roles
 - e. Gender roles
 - f. Religion
 - g. Socioeconomic
 - h. Treating vulnerable populations
 - i. Communication style and culture
11. Communication in the Health Care Setting
- a. Communication process
 - b. Types of communication
 - i. Interprofessional
 - ii. Intrapersonal
 - c. Verbal communication in nursing and health professions
 - i. Establishing professional rapport with the patient
 - ii. Methods of alleviating patient's fears
 - iii. Communicating techniques for diverse populations
 - d. Written communication in nursing and health professions
 - i. Medical records
 - ii. E-mail
 - iii. Memos
 - e. Patient confidentiality and the Health Insurance Portability and Accountability Act of 1996 (HIPAA)
12. Collaboration
- a. Conflict resolution
 - b. Interprofessional collaboration
 - c. Civility
 - d. Group process
 - e. Professional-patient family

Resources

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